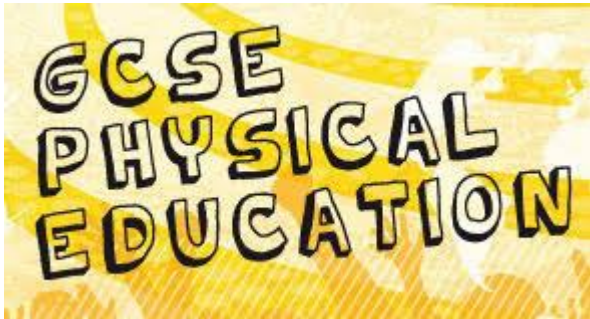




# St Richard Reynolds Catholic High

<b>SUBJECT:</b> Physical Education <b>YEAR GROUP:</b> 11  <b>TOPICS COVERED: (AQA GCSE PE)</b> <ol style="list-style-type: none"><li>1. Applied anatomy and physiology</li><li>2. Movement analysis</li><li>3. Physical training</li><li>4. Use of dat</li><li>5. Sports psychology</li><li>6. Socio-cultural influences</li><li>7. Health, fitness and wellbeing</li></ol>	<p><i>Insert P</i></p>  <p><i>icture</i></p>
<b>PROGRAMME OF STUDY</b>	<b>METHOD OF ASSESSMENT</b>
Autumn Half Term 1: <ul style="list-style-type: none"><li>• Health, fitness and wellbeing</li></ul>	Weekly 10 mark questions
Autumn Half Term 2: <ul style="list-style-type: none"><li>• Applied anatomy and physiology</li><li>• Sports Psychology</li><li>• Socio-Cultural influences</li></ul>	Yr 11 Mock exam
Spring Half Term 3: <ul style="list-style-type: none"><li>• Movement analysis</li><li>• Physical training</li></ul>	Weekly 10 mark questions Extended answer questions

<p><b>Spring Half Term 4:</b>  Revisiting of all subject content:</p> <ol style="list-style-type: none"> <li><b>1. Applied anatomy and physiology</b></li> <li><b>2. Movement analysis</b></li> <li><b>3. Physical training</b></li> <li><b>4. Use of data</b></li> <li><b>5. Sports psychology</b></li> <li><b>6. Socio-cultural influences)</b></li> <li><b>7. Health, fitness and wellbeing</b></li> </ol>	<p><b>Weekly 10 mark questions</b>  <b>Formal end of term assessment</b></p>
<p><b>Summer Half Term 5:</b></p> <ul style="list-style-type: none"> <li>● <b>Exam preparation</b></li> </ul>	
<p><b>Key Skills:</b>  Develop, explain, analyse, describe, recognise, construct arguments, interpret, make reasoned judgements, make links/connections</p>	