



ST RICHARD REYNOLDS CATHOLIC COLLEGE

ST RICHARD REYNOLDS CATHOLIC PRIMARY SCHOOL
ST RICHARD REYNOLDS CATHOLIC HIGH SCHOOL



SRRCC School Travel & Accreditation Plan

June 2017

School Travel Plan – what is it?

A School Travel Plan promotes and facilitates active, healthy, safe and sustainable travel to school as an alternative to using the private car.

The main objectives of a School Travel Plan are to:

- **Improve health** through encouraging active travel and reducing harmful emissions
- **Improve the environment** through reducing congestion, reducing pollution and CO₂ emissions and improving facilities for walkers and cyclists
- **Improve safety** through highways engineering measures and increasing road safety education
- **Improve access and opportunity** by developing pupils' skills for safe and independent travel

School Travel Plan – why do one?

Funding opportunities

Small Grants

Small grants are available to help schools promote safe, sustainable, active travel.

Who is eligible?

Schools with an up to date travel plan.

What can we use the Small Grant for?

Small Grants can be used to buy resources, equipment or services that you can show further the aims of your School Travel Plan. For example:

- Bikes for cycle training/loaning out to teachers
- Competition prizes
- Cycle equipment e.g. cycle computers, lights, repair kits
- Bikers' breakfasts
- Reflective badges, jackets, arm bands
- Training workshops
- Pedometers etc.
- Trips e.g. to cycle venues

School Travel Plan – why do one?

Transport for London Cycle Parking Scheme

Some Travel Plans identify a need for secure cycle parking facilities. TfL has an ongoing project providing free cycle parking for schools.

Highway improvements

For schools that identify the need for Highway Improvements around their school the council can bid for additional funding to investigate and implement appropriate measures.

- Highways improvements can include:
- Introducing crossing facilities
- Traffic calming measures
- Improving school signage

Policy links

Healthy Schools

Promoting walking and cycling to school is recommended for schools focusing on Healthy Living. Schools can submit an active Travel Plan as a case study for their Healthy Schools action plan.

School Travel Plan – what to include?

1. Basic information

Some background information about SRRCC, such as the number of pupils and staff, the distances they travel and the facilities you have.

2. Hands Up survey

It is an essential part of the Travel Plan to complete a survey of how people travel to your school every year. In order to have comparable data, surveys are usually completed in March.

3. Consultation

We will need to show that we have consulted staff, pupils, parents and governors on the priorities of our School Travel Plan.

We will need to conduct a detailed investigation of either the area around our school, or people's behaviour and motivations. This will help:

- identify hazards that might put people off walking or cycling
- found out how far people are travelling
- measure support for particular Travel Plan initiatives.

School Travel Plan – what to include?

4. Issues

This is our opportunity to identify any barriers to sustainable travel. Does our school need cycle parking? Is there a road that is particularly difficult to cross?

5. Targets

Some schools see great potential for increasing cycling, whereas others prefer to concentrate on walking. If we have a particular focus for our Travel Plan, this should be reflected in our targets.

6. Initiatives

Initiatives that we intend to run in order to encourage safe, sustainable and active home-to-school travel. It is also a record of the initiatives that have been completed.

- To include a list of events, visits, resources and skills training that we can run.

Depending on the number of initiatives we complete (and the level of consultation we have carried out, see 3. Consultation above), we may be eligible for Bronze, Silver or Gold accreditation.

7. Approval

The deadline for accreditation is 24th June.

Schemes & Initiatives

Walk Once a Week

Walk Once a Week (WoW). Pupils that walk to school are rewarded with a collectable badge. The council supplies schools with badges and the other materials needed to run the scheme. It is a great scheme for schools who are aiming to increase walking and decrease congestion around the school.



Walk to School Week

Schools are encouraged to promote walking to school every day that week.

Walk to School Month

International Walk to School Month takes place every October. Schools are encouraged to promote walking to school every day for at least one week of that month.

To assist schools with their campaigns, the Council can provide a classroom pack for every participating class. Each classroom pack contains:

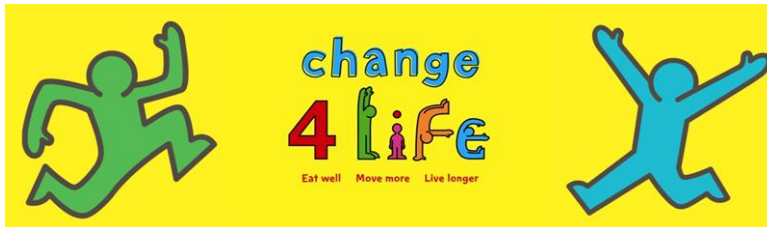
- 30 parents' leaflets explaining the Walk to School Month campaign
- 35 stickers to reward pupils for walking to school
- 1 wallchart and 1 sheet of wallchart stickers to monitor how pupils travel to school
- 1 poster to promote Walk to School Month to the school community.

Schemes & Initiatives

Step To It!

Step To It engages parents, carers and staff in a practical walking project.

Adult participants are given a pedometer to wear for a week and a record card to record the number of steps they do each day. For support, they choose a buddy (usually a child) who will also be given a pedometer.



Pedestrian training

KS1 pupils can either take part in practical training on the street in small groups or can receive a whole class presentation.

Schemes & Initiatives

Cycle training

- Find out if the council offer cycle training for children and adults who live, work or study in the borough.
- Schools can also have members of staff trained to become a cycling instructor. This can work particularly well for secondary schools who want to deliver cycling as part of the PE curriculum.

LikeableBikeable

A project that promotes cycling to school, for other journeys and for fun. We can choose the most suitable activities for the school from the list below:

- Bike shed clean-up
 - Bike shed decorating and signposting
 - 'Love My Bike' day (cleaning)
 - Dr Bike (maintenance checks - parent and staff bikes welcome too)
1. Puncture Repair Class
 2. Bike to School Week - prizes for those who cycle the most
 3. Bikers' breakfasts – offer cereal bar for those who cycle three days in a row
 4. Family bike rides – distribute cycle maps for families
 5. Stall to sell locks, lights and hi-vis accessories

Schemes & Initiatives

Bike club

After-school bike clubs give pupils a chance to develop their cycling skills in a safe environment.

Bike rides for mums

British Cycling is running a project to help women to get out on their bikes.

Scooting Stars

Scotering is a fun way to get to school, plus it helps pupils keep fit and reduces congestion and pollution. It is important however, that pupils learn how to scoot safely, and not to cause a danger or nuisance to others.

Safety and citizenship

This programme is designed to teach children to travel safely and responsibly by public transport. It is primarily aimed at pupils in year 6, with a view to preparing them for their journey to secondary school, although it can be adapted for older age groups. It is delivered by staff from Transport for London and the London Transport Museum, and consists of film scenarios that help pupils learn to deal with different hazards or situations.



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