

Safety and Wellbeing

This section provides useful **links to services offering support and advice on safety and wellbeing** for parents / carers and pupils.



<http://otrtwickenham.com>

Confidential support, information and counselling services for young people in Richmond borough.

Walk-in: 2 Church Street, Twickenham, TW1 3NJ

Tuesday 2pm to 8pm, Wednesday 3:30pm to 8pm, Thursday 3:30pm to 8pm, Friday 2:30pm to 6:30pm, Saturday 10am to 2pm

Tel. 020 8744 1644 Email: info@otrtwickenham.com



CHILDLINE.ORG.UK

0800 1111

CALL, CHAT ONLINE OR EMAIL You can contact Childline about anything. Whatever your worry, it's better out than in. They're here to support you and help you find ways to cope.



<https://kooth.com>

Free Safe Anonymous online chat and emotional well-being platform for children and young people, accessible through mobile, tablet & PC.

YOUNG Mi MINDS

<https://youngminds.org.uk/>

UK's leading charity committed to improving the wellbeing and mental health of children and young people.

For advice and a list of services for support with mental health problems.



<https://www.talktofrank.com/>

0300 123 6600

LIVE CHAT

TEXT: 82111

EMAIL frank@talktofrank.com