

ACTA

ISSUE 3 - February 2021

Winter Term News

Off screen activities

Staff Fundraising



St Richard Reynolds Catholic College Bulletin

■ Editorial

Spring is around the corner, and with it brings hope that all of our students will return to the College site. Many of us will have been encouraged and inspired by the continued heroics of NHS workers and the national roll-out of the Covid-19 vaccine. We should remember that every scientist, nurse and doctor who has treated our sick and developed vaccinations has been educated in a school. Investing in our children, in our future, should be a national priority.

Schools and education provide the foundations for our children's progression in life, both academically and socially. The closure of schools to the majority of students will have had a huge impact on their ability to socialise and enjoy time with their friends and peers. When our children return, we as a community will be committed to ensuring opportunities are offered to create fond memories of their time here at St Richard Reynolds Catholic College. We've stuck together through the lockdowns, now let's grow together as a community once we return.

The Editors

Important Dates 2021	
February	
15-19th	Half-Term
16th	Shrove Tuesday
17th	Ash Wednesday
24th	Yr 13 Virtual Parents Eve
26th	FoSRR Virtual Quiz
March	
3rd	PSHE Day
10th	Yr 8 Virtual Parents Eve
26th	End of Term (half-day)
26th Mar - 12th Apr	Easter Holiday
April	
2nd	Good Friday
4th	Easter Sunday
5th	Easter Monday (bank holiday)
12th	Start of Term (B1)

Front Cover: Raff Harvey, Yr 11 Mixed media and Photoshop

■ Message from the Principal

Fun, Faith & Future...

Whilst every month is different, clearly the last twelve have been particularly difficult to comprehend. So many people have had their lives turned upside down as a direct result of the Coronavirus whether that be in economic, social or purely human terms. Our thoughts and prayers are offered for all of our community who have lost loved ones or suffered in any way; similarly we will continue to support those who may be struggling, for whatever reason, especially any of our young people. That said, I recall the beautiful prayer of St Teresa of Avila:

Let nothing disturb you,

Let nothing frighten you,

All things are passing away:

God never changes.

Patience obtains all things

Whoever has God lacks nothing; God alone suffices.

...and its encouragement to live with hope and positivity. With that in mind I think I can say on behalf of **all** my colleagues that we can't wait to see **all** of our pupils and students back on site, in person, face to face. Whilst it has been almost six weeks of Lockdown 3, the end is nigh; the storm that is Coronavirus, as with all storms, is coming to an end; slowly but surely.

Looking back over this half term, it's shocking to think that over the Christmas break a number of my colleagues spent an inordinate amount of time planning and preparing for the mass testing of students. Our newly refurbished Corpus Christi auditorium was transformed into a medical facility on par with the Nightingale Hospitals. However, as we all know, the plan was changed very early into this Lent term, but close to a thousand tests have been conducted by a wonderfully willing team of able colleagues. Those tested include a rota of staff who have been supervising the children of critical workers and many of our vulnerable young people, who have all been tested too. My thanks and gratitude are offered to them all as well as well as to the rest of my colleagues who have been delivering an enviable online learning provision from their homes. Like you, many of them have been juggling home-schooling with working from home and they have done so in such an impressive fashion.

My thanks and gratitude are offered to them all as well as to the rest of my colleagues who have been delivering an enviable online learning provision from their homes. Like you, many of them have been juggling home-schooling with working from home and they have done so in such an impressive fashion.

The planned Government announcement on February 22nd will hopefully give some clear direction and guidance as to how and when schools will fully reopen but we are already making plans to provide a multitude of opportunities for our young people to reconnect, socialise and focus on **Fun, Faith and Future**. We have the skills, confidence and expertise - as well as the all important desire to do what is needed to reboot and rejuvenate their young lives. It goes without saying that continuing to work in partnership with you remains an essential part of this journey and we have been so grateful for your continuing support throughout this last year. The impact on your children of this working relationship is priceless and we pray that it continues.

The recent PASS and Our Catholic Community surveys have provided us with a plethora of useful data that will form the basis of our action planning for the next year or so. Thank you for encouraging and supporting their completion.

Thank you too for your support of the new look FoSRR's fundraising initiatives; in particular the recent **WishList**. The work being done by the parents currently leading FoSRR has been revolutionary and so beneficial to our College community. [I am sure that they would always welcome additional volunteers.] With FoSRR we hope to very soon launch an exciting fundraising project that, if successful, will have an enormous impact on the experience we can offer your children. I have every confidence that it will be successful!

Our College, both the primary and high school, remain popular with the local community with applications for admission to our Reception Class and Year 7 remaining at very high levels with nearly 200 preferences for Reception and almost 1000 for Year 7 admission. Thank you for all that you do to support this level of interest through your positive encouraging conversations, it is very much appreciated.

At the end of last term we were praying that Ms Pearce and Mrs Santos give birth to healthy children - and I am delighted and thankful that they both did with a boy and girl respectively.

The new half term begins online on **Monday 22nd February at 8.30am** for the High School and **8.45am** for the Primary School.

Please do not forget that Lent begins on Ash Wednesday 17 February during half term. The word *Lent* derives from the Middle English word *lenten*, meaning springtime – the time of lengthening days.

Lent is the season of preparation before Easter, lasts for 40 days and reminds us of the 40 days Jesus spent in the desert when he was tempted before beginning his mission. Just as Christ undertook acts of penance and preparation for his ministry and Passion, so too should we take this time to reflect on our lives and make sacrifices. Many Catholics try to attend the Sacrament of Reconciliation during this time and we plan to hold a Service of Reconciliation during the first week of the new half term. There are three things that we should try to do during Lent as a form of penance and preparation: Prayer, Fasting & Almsgiving - and we will endeavour to provide opportunities for your children to participate in these throughout Lent.

My prayers remain for you, your families and friends, and for all of our community, to nurture and have hope in their faith as 2021 progresses knowing that together we can overcome anything sent to challenge us. In the words of Padre Pio:

“Reach up as high as you can today, and God will reach down the rest of the way.”

Mr R. Burke
Principal



Cardinal Vincent Nichols

“Receiving ashes is an outward sign of an inner step, a movement of the heart towards our beloved Lord. This year I invite you to concentrate much more on this inner, spiritual movement than on its outward manifestation in the imposition of

ashes.

My suggestion is this: celebrate Ash Wednesday at home, with your family, in the household or ‘support bubble’ of which you are a part. Gather for a while. Read the prayer which I offer. Bless each other by making the sign of the cross on each other’s forehead. Spent some time praying in a way that you know. But please, make this a prayer of your heart for God’s mercy upon this world struggling to cope with the terrible pandemic and the devastation it is bringing.”

Pastoral Letter Feb 2021

■ **Our Catholic Community**



As we approach the end of the first half term our thoughts and prayers go out to those families affected by Covid-19. The physical illness and the impact on mental health will be with us for some time.

We continue to support families and staff as we pray together one of Cafod's Covid prayers:

***We pray for all who are suffering and bereaved.
At this time of sorrow,
Incomprehension and tragedy,
we stand together
In this crisis,
we pray for God's mercy and healing for the sick
and for health and strength for all who care for
them.***

Amen.

Adapted from a message from Sister Bridget Tighe of Caritas Jerusalem

This year Ash Wednesday takes place on Wednesday 17th February and the start of the Holy season of Lent begins. It is a season of reflection and preparation before the celebrations of Easter. This name 'lent' comes from the Old English *lencten* meaning *springtime* and from West Germanic *langitinaz* *long-days* or *lengthening of the day.*" Over the 40 nights that Jesus was in the wilderness we too are called to retreat and prepare ourselves for lent through fasting, give alms and prayer.

Over the course of this Lent, we will be fundraising for **St Joseph's Madagascar** a charity project close to our heart here at College - Madagascar is one of the least developed countries in the world, with high levels of child mortality rate, widespread malnourishment and low life expectancy. The college educates nearly 2000 students, many of whom have to walk two hours to receive an education. We also hope to raise funds for the **Hardship fund and foodbanks in our local community** as we sadly acknowledge the effects of the global pandemic in our community. Finally we are also fundraising for the redevelopment of our outside areas, which will bring much joy to our students and allow further opportunities for sport and wellbeing.

Also during Lent, students will participate in a Reconciliation liturgy (liturgy representatives and musicians will lead us through prayer and reflections). The liturgy will focus our minds and hearts on the

need to ask for God's forgiveness and encourages us to draw closer to God through the Sacrament of Reconciliation in our local parishes. Please talk to your child about what reconciliation means, and to start the season of Easter with a sense of peace and a fresh start.

Once we are back in school weekly Masses will continue presided by Canon Peter Newby and starting with Year 8. We will continue to celebrate Mass throughout the year enabling students to pray and reflect as a tutor group. Morning Prayer is incorporated daily into either form time or assembly to reinforce the importance of starting the day by talking to God. All of which aid students to develop further their relationship with God.

A Lenten prayer

Fast from judging others; feast on Christ in them.

Fast from wanting more; feast on being thankful.

Fast from anger; feast on patience.

Fast from worry; feast on trust.

Fast from complaining; feast on enjoyment.

Fast from negatives; feast on positives.

Fast from stress; feast on prayer.

Fast from anger; feast on forgiveness.

Fast from self-concern; feast on compassion for others.

Fast from fear; feast on truth.

Fast from discouragement; feast on hope.

Fast from gossip; feast on silence.

Fast from fighting; feast on peace.

An adaptation from the poem "A Lenten Prayer" by William Arthur Ward (1921-1984)

I wish you all a happy and healthy break. God Bless

Becky Walker
College Chaplain

Ash Wednesday At Home



Ash Wednesday at home booklet available from your church

■ Fundraising

During lockdown, the SRRCC staff took on the challenge of walking or running as many kilometres as possible in 2 weeks. Staff rose to the occasion, getting the kms in on top of online teaching, and in spite of the second Beast from the East weather! By the end of the two weeks staff had walked 2,065km - that's all the way to from SRRCC to Switzerland and back! Wow!

It was a great display of our community's ability to band together, and all for a good cause. By the end of the challenge the hard-working staff raised over £2,000. This incredible amount of money donated by the college community is being donated to local food banks, St Joseph's School in Madagascar, and renovation of the college site. It truly shows what we can achieve when we work together.

Well done SRRCC staff! Thank you to all who donated!



Join the SRRCC Community Quiz

St Richard Reynolds & FoSRR are delighted to invite you to join the SRRCC Community Quiz on Friday 26th February at 6pm.

Hosted by Mr Butcher (you may have already enjoyed his YouTube lockdown quizzes), it will be an evening of family fun, entertainment and bit of healthy competition. Please put the date in your diaries!

This virtual quiz will be free to attend and joining details will be circulated by Parentmail shortly before the event.

However any donations would be much appreciated to make up some of our shortfall from cancelled events and help us to continue supporting our school. To make a donation please visit

www.srrcc.ourschoolwishlist.co.uk/donations/quiznight/

We look forward to 'seeing you' there!

At Home Fundraising Challenges - Perfect for Half Term!

- **Clear your unwanted Books, DVDs, CDs and Games with Ziffit**

Ziffit is a super simple App that you can download to your device and use to donate unneeded books, DVDs, CDs and games. Use the simple scanning tool, get a valuation and use the option at check-out to donate to St Richard Reynolds. It's a great way to have a bit of a clear out, recycle unwanted items and raise money for the school.

Visit www.ziffit.com download the app and make sure you donate your profits to St Richard Reynolds!

- **Take up the Sewing Challenge, Support our School & the NHS!**

Order a selected sewing kit from local crafty company Sew What and they will donate £1 from the sales to the NHS and £1 to our school!

Visit their [website](http://www.sewwhat.com) and purchase the Toothbrush Holder or the Carabiner Keyring (or both!) then select St Richard Reynolds as your chosen school. **Delivery is free to TW1/2 areas.** In addition you will receive a sponsorship form with your sewing kit so friends and relatives can pledge to support you while you sew. Money raised will be donated to our school.

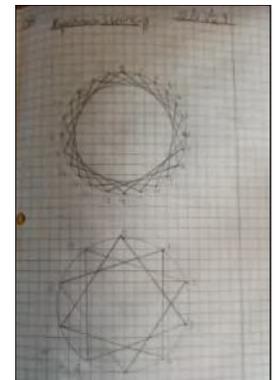
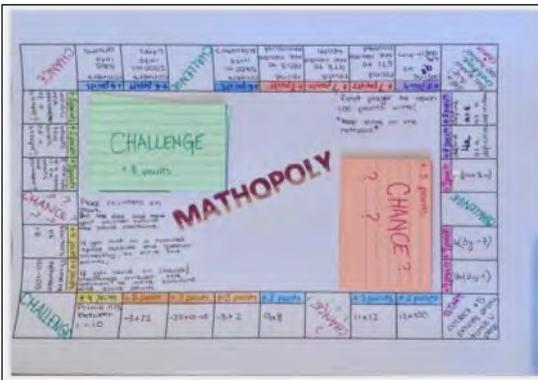


■ Maths away from screen time

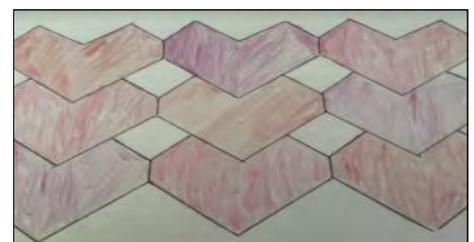
The Maths Department have taken the school's stance of asynchronous learning to a whole new level. They have encouraged students to move away from the screen and produce some lovely cakes and pies.



Others chose to use their imagination and creative skills to invent new games, draw wonderful geometric shapes, and produce their own maths orientated word-searches.



Team	Player	Points per Game	Assists per Game	Rebounds per Game	Steals per Game	Blocks per Game
BKN	Durant, Kevin	31.3	6	7.5	0.8	1.3
IND	Beal, Bradley	34.9	5	5.3	1.4	0.7
DEN	Jokic, Nikola	25.1	10	11.4	2	0.5
HOU	Wall, John	18.6	5.1	4.7	1.3	1
IND	Sabonis, Domantas	21.9	5.6	12.6	0.8	0.5
CHA	Rozier III, Terry	19.9	2.7	4.2	1.6	0.4
ATL	Young, Trae	24	9	4.4	1.1	0.3
LAL	James, LeBron	24.4	7.6	7.8	0.8	0.4
LAC	George, Paul	24.4	5.6	6.4	1.2	0.6



■ *Half-term House LORRIC points*

	Year 7	Year 8	Year 9	Year 10	Year 11	Total
Bakhita House	4536	2285	1678	1283	713	10495
Francis House	4515	2712	1791	1577	546	11141
Kolbe House	4654	2806	1761	1319	619	11159
Line House	3917	2242	1907	1455	717	10238
Molla House	4834	2330	1744	1559	787	11254
Porres House	4077	2492	2026	1534	536	10665

■ *Staff Art Challenge*

Our Art Lead, Mr McPaul has been teaching Yr 10 the art of Christo and Jeanne Claude this term (see example of work Christo has done). He set them a challenge to wrap their own chosen object and draw it, a fine example below by Roisin Reid (colouring pencil). Mr McPaul offered a donation to charity for anyone who could guess what was beneath the wrapping and extended the offer to staff to get involved. Here are just two examples of works of Christo inspired art by two of our staff members Fiona Teague and Bridget Phelan. Can you guess what's beneath the wrapping?



Fiona Teague (Office)



Roisin Reid, Yr 10



Bridget Phelan (SEN)

Careers & Work Experience



Welcome to our exciting and jam packed February update from careers department. Even though 2021 didn't start the way we wanted, we continue to provide many amazing opportunities for our students which they can do both at home and/or in school.

On Friday 29th January we successfully launched Unifrog to our Year 8 students. **Unifrog** is an amazing, one-stop-shop where



students can easily explore their interests, then find and successfully apply for their next best step after school. We have over 60% of our Year 8 actively engaging with the platform which is amazing. And the great news is we will be introducing Unifrog to our Year 9 and Year 10 students straight after Half term break too. Why don't you speak to your child and see what they think of it? We really hope that our students will benefit from huge amounts of useful resources Unifrog has to offer.



We also continue to deliver the **careers guidance sessions** to our Year 11 students. It is very pleasing to hear that the majority of our students have a clear vision of what they would like to do after Year 11. Our careers team follows the Code of Ethics set by the Career Development institute and therefore our career guidance always stays impartial. We encourage all students to have Plan B (each student can apply to as many places as they like) and decide on the Results day what their next step will be. Many local colleges continue to run their **Virtual Open Days** so we strongly encourage our students to sign up and explore all possible options to them. We regularly update the google careers classroom, so we hope that our students make best use of what's available out there.

Year 11 - Careers and Post 16 Pathways
Class code - 5uf56bw



Even though our Year 10 students will not be taking part in the Work Experience Program until later this year (31st August until 3rd September - more details will follow shortly), there is a huge amount of meaningful **virtual work experience placements** out there which we share weekly via google classroom designated to careers. We were very excited to find out that one of our students has managed to secure a week long virtual placement during half term break at Spotify. Please encourage your child to apply to at least one virtual placement. The competition can be quite high sometimes but these opportunities will not only teach them key employability skills, help them to be resilient and responsible but will also look amazing on their CV's and will help them stand up in future.

This year's **National Apprenticeship week** took place between 8th to 14th February and the theme was 'Build the Future – Train, Retain and Achieve'. We were very excited to celebrate the hard work of our 2020 Apprentices - Mahdie, Teddy and Kiana. Mahdie has just finished his Level 3 Higher Apprenticeship with us and is currently looking to progress to Level 4. After a successful finish at our Sixth Form, Kiana and Teddy decided to take a break before going to University and started their Apprenticeship journey with us in September 2020. They all continue to make a huge difference in our school community and Kiana and Teddy will be hugely missed when they finish their apprenticeship journey with us in July. We shared their stories with our Year 11 and Sixth Formers during the National Apprenticeship week, hoping their stories will inspire some of our students as the search is now on for our 2021 Apprentices. **We currently have 3 positions available so could this be you?** If this is something you might be interested in, why don't you email Mrs Drummond - careers@srcc.org.uk to find out more.

You can also read more information apprenticeship [here](#) from the Amazing Apprenticeships.



As a part of the big celebration of National Careers Week 10 Years in March we are very excited to announce that we will be launching our brand new student and parent portal designated to CAREERS. Watch this space for more information!!!!

We welcome all feedback and ideas so please keep in touch by contacting the Careers Team on careers@srrcc.org.uk or by filling this [form](#).

Iveta Drummond
Careers and Work experience Co-ordinator

National Careers week 2021 but might be virtual this year but we are busy preparing many exciting activities for your child to take part in. The big day is **Wednesday 3rd March** where students will take part in asynchronous learning and all resources will be posted on Google Classroom. Students will be required to complete a reflection sheet based on the learning from that day.



If you would like to get involved in our Careers Fair 2021 - SHARE YOUR STORY virtually - why don't you sign up to support this exciting event by recording a short video? You don't need to be an 'expert' in your field, you just

need to love the work you do and to be happy to share your experiences, provide information and insight about your job and career, and the educational pathways that have got you there. Alternatively, if you know someone else who might also be interested in participating (family, friends, employers or local businesses) please do feel free to share this [letter](#). We are keen to get our ever growing SRRCC School community involved in the project as much as possible. This is a great way to support the school, to inspire young people and to make a difference to our students' futures so what are you waiting for?

Wellbeing

BBC Bitesize:

[Five Ways To Manage Your Wellbeing As A Parent During Lockdown](#)



SRR PODCAST
YOUR VOICE. OUR COLLEGE

Thanks to Lucia Laffan and Eddie O'Sullivan in Year 12 for this latest podcast. Well worth a listen!

[Episode 3 - American Special](#)



HEAD OF YEAR UPDATES

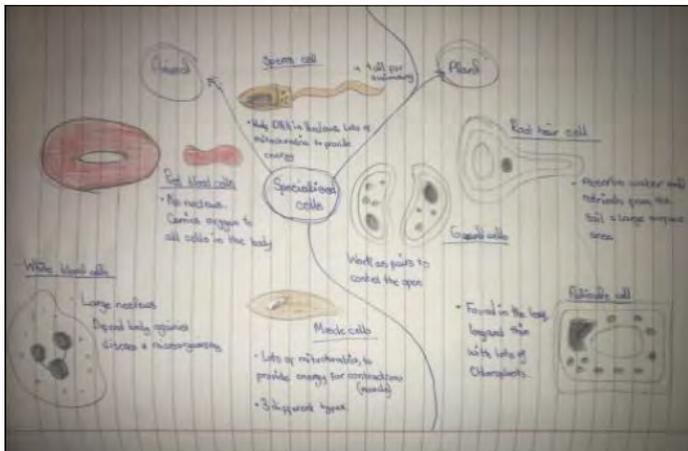
Year 7

Year 7 are a group of resilient and enthusiastic students. Never have I been more impressed with them, than in the past few weeks. When faced with a very difficult situation under unprecedented circumstances- the commitment and engagement in their online learning and their community spirit has been admirable. I have had nothing but fantastic praise from their teachers citing excitement and enjoyment when teaching their Year 7 groups. Of highlight for me have been the videos of the marble run completed in DT, the Dragon's Den geography lesson and the wonderful recorded monologues. Keep up the good work Year 7, we are all so impressed with your efforts! SRRCC - I know there will be plenty more to come!

Ms S. Thompkins



Alf Varghese with this baking tray along with other Year 7 recent baking efforts



Amelia Marshall, Yr 7—an example of some wonderful work submitted this term.

Year 8

Year 8 students continue to amaze and inspire me with the dedication they have shown to their learning. Attendance to zoom lessons has been fantastic and teachers have commented on how enthusiastic and organised the students are.

It has been great to hear students are feeling happier with the change in the timetable that has come into play these past few weeks and I hope it has given students the opportunity to allow more time for taking a walk, going for a cycle and just having a break from the screen. It was wonderful to see some of the work students did on the inset day spent away from the screen, including some creative work that went on in maths!

As we anticipate the beginning of Spring and the hope that comes with it, I hope that you all have a restful half term break and enjoy the longer days and lighter evenings. Take care Year 8.

Ms J. Corbin



by Julia 8P



Conor Kervick 7L - Marble Run

Year 9

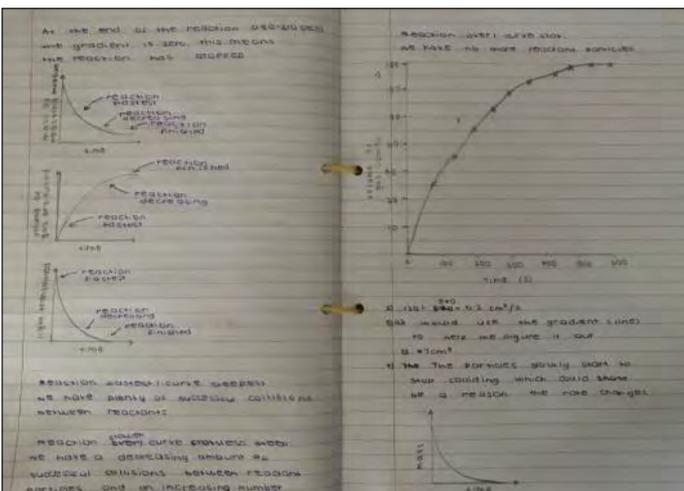
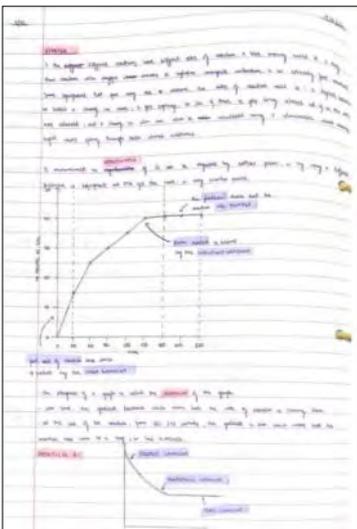
Over the course of the last few weeks Year 9 have demonstrated their maturity and their commitment to their studies, under some very different circumstances to previous years. Year 9 experienced their first online parents evening, have had GCSE option focussed tutor time and have experienced a range of online lessons, where they have demonstrated their conscientious attitudes and enthusiasm for their subjects. There have been so many examples of fantastic work both in school and in our community and I want to take this time to applaud Year 9 for their efforts. Below is just a snippet of the good things that Year 9 have produced this term.

Mr B. Gibbs



Mariana Jenkins-Galindo

Gabriel Walsh



Year 10

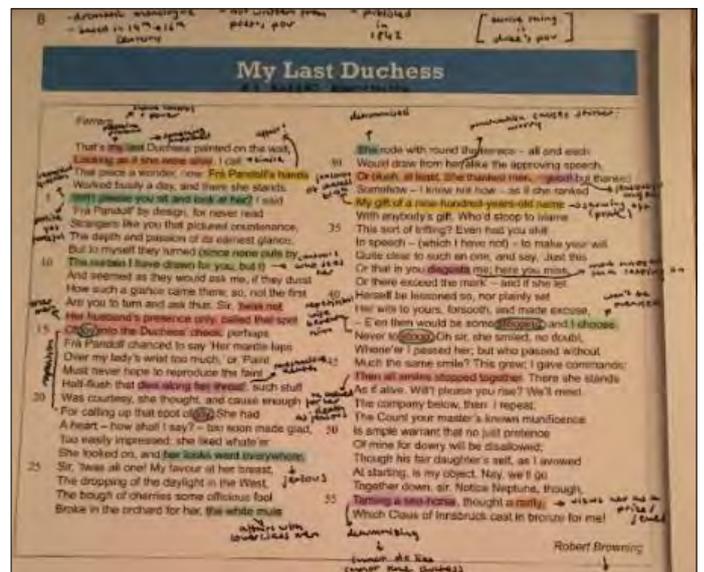
Wow, Year 10 has shown us just how resilient and independent they can be this half-term. Online learning poses a significant challenge and I have been so impressed with their positive work ethic and attendance to zoom lessons. Lots of teachers have been sharing the amazing work you are producing whilst at home - keep it up!

In tutor time students have looked at the importance of positive self-talk and begun their weekly PSHE lessons, most recently focusing on personal finance. Students have also been discussing how to stay motivated whilst working at home. Check out some of the top tips below:

1. Have a good daily routine - stick to it.
2. Make your timetable visual.
3. Do something you enjoy each day.
4. Take part in some physical activity each day.
5. When learning, place any distractions (such as your phone) in another room.

Remember, if you are having a difficult time we are here and want to support you - communication is so important. We miss seeing you around the College site and look forward to your return. Stay safe and keep motivated!

Ms J. Kieser



Georjana's fantastic analytical work on the poem "My Last Duchess" - English



Oscar's brilliant Physics work testing refraction of light

■ Year 11

I hope that you and your families are keeping well despite the difficult circumstances. During this prolonged period of uncertainty, I am pleased to see so many year 11 students continue to engage with remote learning and Zoom lessons. I want to congratulate you for the hard work you put into preparing for your mock exams and for the resilience and adaptability you demonstrated with the sudden change of arrangements.

Please remember that whatever grades you receive, these in themselves will not have any major influence on your final GCSE results. As was hopefully clear to you, the primary purpose of these exams was to give you the opportunity to practice, gain confidence and receive feedback ahead of in school summer exams in each of your subjects. Moving forward, you must continue to engage in all zoom lessons and submit work of an excellent quality that reflects your ability.

It is important that you continue to follow the College's remote learning timetable and that you arrive on time for Tutor Time and all Zoom lessons. As you know, Tutor Time offers you an opportunity to check in with your tutor, receive important notices for the week ahead and spend some (virtual!) time with your peers. If you have any ideas/suggestions on how we can improve/develop Tutor time, please speak to your form tutor.



Please be reminded that our current Year 11s do not need to apply to St Richard Reynolds Sixth Form. All students will be invited to a Transition Meeting in March - this will give you the opportunity to ask any questions you may have, for us to discuss your preferred A Level courses and to offer wider guidance about your post-16 choices. We look forward to the opportunity.

Have a wonderful half term - rest, recuperate and reach out if you need any support.

Take care,
Ms K. Hayles

■ Year 12

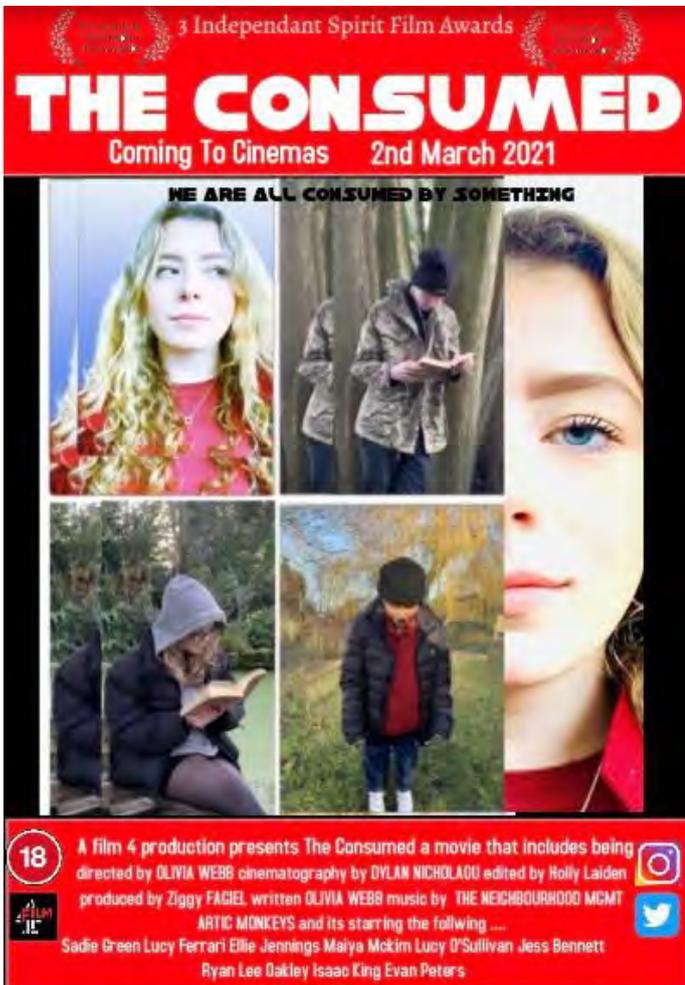
Year 12s have shown fantastic resilience and work ethic during this difficult period of online learning. They have engaged with some valuable and insightful SHaPE presentations this half term from 'Safe Drive Stay Alive', as well as 'Coppafeel', which are both targeting personal safety and physical well-being.

We have made good progress with Unifrog, our online platform for university and apprenticeship applications. All year 12s have signed up and are well on their way to starting the journey of thinking about their next steps. Early applicants for Oxbridge, as well as potential medicine and veterinary science students are additionally starting their preparations, and sessions are being lined up to support them through this thorough application process. We have also had some students successfully securing work experience placements at major organisations such as 'Spotify', which is fantastic to see.

During this period of online learning, students continue to produce work to a very high standard with a collection of Media and Art pieces being shared overleaf, which highlight this. Teachers have been singing the praises of students in relation to their approach to learning, despite the challenges and hurdles that they are facing. Well done year 12!

Mrs A. Foster





Year 13

I am so impressed with the dedication and resilience of our Year 13 cohort who have embraced the return to online learning. They have fully committed themselves to this change for the new half term and have engaged towards their studies with their positive attitude. They have successfully completed their January examinations online, stepping up to the challenge of working in a totally new system. The remainder of the UCAS applications have also been completed and our students are already getting offers from their chosen universities. It has been a privilege to be a part of this journey with them as they transition into the big, wide world of university, apprenticeships and work.

Overleaf are some fantastic examples of some of the Media NEA work and of course, some art work produced by our Y13s for you to enjoy.

Have a lovely, well deserved and restful half term.

Miss N. Ali



Thinking Big

Don't miss our EXCLUSIVE PODCAST

Steps to being sustainable:

1. Plan your wardrobe so you don't impulse purchase
2. Remember why you're shopping. Eco-friendly mindset
3. Look for shops which advocate a sustainable message
4. To be less wasteful, consider this: like make sure to have in to our MOJO MONTHLY podcast where we are conducting an exclusive interview with Grace www.mojoonthlypodcast.com

generations in order to battle the very relevant theme of Climate Change. Upcycling stops adding stuff to a world that is already overwhelmed with material things. It also reuses materials that may otherwise end up in landfill in creative and innovative ways - producing original often one-of-a-kind items from what many consider to be waste. It is a way for companies and designers to be more efficient with leftover materials such as upholstery scraps or vintage textiles and to give new life to worn-out jeans and tattered

Refashioning old items of clothing is something most people shy away from due to preconceptions about how 'poor' however we as consumers need challenge our morals if it benefits our futures.

Fashion blogger Grace Kehoe

The world of upcycling has exploded in the past few years, and there is a plethora of inspirational designs in this facet of eco-fashion. An excellent summary of how to shop sustainably, smartly and cost-effectively can be found on Grace's online blog targeting the younger

PAVLO REED JACOB THOMAS PHILIP LECH

When fast-paced internet progress and government oversight is a victim by a malicious extremist group called 'Void', David Thomas, a private FBI agent from the void, is forced to work in parallel to create the very thing he's meant to catch. He's the only person left who can help and destroy any remnants of the void he's seen. The two worlds have no time to spare before the Void and its army of 'Void' agents are forced to the public, leaving a trail of destruction in their wake. He's the only person left who can help and destroy any remnants of the void he's seen. The two worlds have no time to spare before the Void and its army of 'Void' agents are forced to the public, leaving a trail of destruction in their wake.

DECEPTION

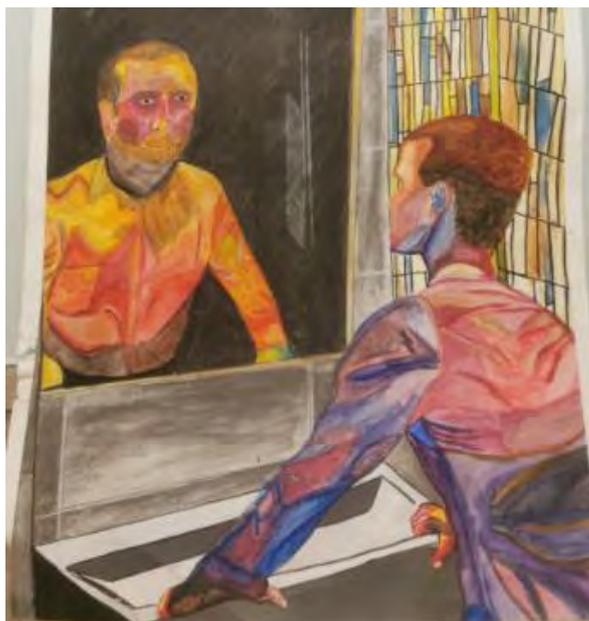
THE LESSER OF TWO EVILS

Directed by GEORGE BLAIR

FILM BY SONY PICTURES ENTERTAINMENT PRESENTS "DECEPTION" STARRING JACOB THOMAS, PAVLO REED, PHILIP LECH, STEVEN PRICE, AND MATT THOMAS. JANEY TENING AND JACOB TOUHY. PRODUCED BY TAYLOR AUSTIN. WRITTEN BY RAMY ROGAN AND GEORGE BLAIR.

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Available on DVD, Blu-ray, and Digital. RATED R. RESTRICTED. PARENTS STRONGLY CAUTIONED. SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 17.



Year 13 Art Work



Year 13 Media NEA work

IN CINEMAS 20TH JULY

CINEMATOGRAPHY AT ITS FINEST EXCEEDS ALL EXPECTATIONS THE TIMES

BREATHTAKING VISUALS, IMMERSIVE AUDIO, UNIQUE STORY SIFF

A LIE TOLD A THOUSAND TIMES BECOMES THE TRUTH

literally

WINNER BEST VISUALS - BRITISH FILM INSTITUTE AWARDS 2020

WINNER BEST FIRST FILM - BRITISH FILM INSTITUTE AWARDS 2020

DECEPTION

THE LESSER OF TWO EVILS

Available on DVD, Blu-ray, and Digital. RATED R. RESTRICTED. PARENTS STRONGLY CAUTIONED. SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 17.

■ Sport

Within our PE lessons this half-term there has been a central focus on fitness so our students can understand and feel the positive physical and mental effects it can have on the body. Our key focus areas have been;

1. The Benefits of Exercise
2. Components of Fitness
3. Importance of Engagement in Exercise
4. Mental Aspects of Exercise
5. Methods of Training

This has been delivered through live ZOOM workouts along with practical and theory resources on Google Classroom. Students have had various options of activity to complete such as; Yoga, Dance, Chair Aerobics and HIIT workouts. As well as this our students have been set new weekly sporting challenges & tasks to complete, with LOR-RIC points up for grabs. The shoe challenge, for example, required students to show resilience and independence to master a difficult task focused on the skill component of balance. Why not give it a go yourself, [click this link](#).



Physical Education

Exercise is the most potent and underutilized antidepressant.

20 Minute Workout
A University of Texas study found that HIIT can change your brain by boosting a protein called BDNF that's involved with cell repair, cognitive function, and mood regulation. Low levels of this protein are associated with depression. Regular exercise and aerobic fitness help prevent with high, high intensity workouts can increase resilience.

Pilates
Pilates may assist in the treatment of depression and anxiety by offering an opportunity to socialize, changing the levels of chemicals in the brain (serotonin and endorphins), providing a distraction from negative thoughts, releasing stress, enhancing mindfulness, and helping to create a self-care routine.

Abs & Core Workout
Similar to HIIT workouts, core exercises improve mental health by reducing anxiety, depression, and negative mood, and by improving self-esteem, cognitive function and reducing social withdrawal. You can get goals by increasing the number of reps in your next workout, providing you with motivation.

Dance Workout
Dancing bolsters physical and mental health by helping to prevent falls, improve posture and flexibility, lift mood and boost energy. It's also a fun activity that sharpens the mind, increases sensorimotor and strength, builds social bonds, and can reduce pain and stiffness.

Yoga
Yoga increases body awareness, reduces stress, reduces muscle tension, stress, and inflammation, improves attention and concentration, and calms and centers the nervous system. Yoga's cognitive benefits on mental health have made it an important practice tool of the International American Psychological Association. A yoga teacher always has a sign post to visit a guidance.

20MINS WORKOUT
TOTAL CORE PILATES
ABS & CORE
DANCE
YOGA

Our Virtual Co-Curricular provision also got underway, with a good turnout from KS3. This takes place on a Wednesday after school between 3:30-4:15pm. So far we have seen Fitness Bingo, Pyramid challenges and the Deck of Cards finisher completed. It's a great way to end a day of online learning, for sure!! If you want to join in just get in contact with a member of the PE Team.

After the Half-Term break our Virtual 'Couch to 5K' will launch, it will take place on a Thursday after school @4pm. Everyone is welcome, please see the poster for more information!!

We as a department would like to thank our students who have shown an impressive attitude and commitment during our virtual lessons and in submitting evidence of physical activity outside of lesson time, which is so important right now. We hope you have a great half-term!!

PE Department

PE would like to say a big well done for your child's efforts during this half term. For your child to remain fit and healthy over the half term break, there will be a 'Health, Fitness and Well-being Board' posted on your child's Google Classroom on Monday morning - please direct them to this for some activity suggestions. The activities include;

- Muscle Builder
- Stress Buster
- Dance
- Yoga
- Podcast of the Week
- Meditation/Sleep



Couch to 5k

Virtual Couch to 5K

BY RICHARD REYNOLDS SPORTS HATS WITHOUT A JOB LEAD

'Virtual Couch to 5K' is launching on Thursday 25th February. This is an opportunity to get out and about, in the fresh air for some much needed physical activity.

How will it work? Those who want to participate will join a zoom audio call on their phones (sent out by Mr Parr) and have headphones in. Each week we will set off from our own homes, locally, to complete different running activities. It will last between 30-40 minutes. Students can choose between jogging or running. Student need to download the app 'Map My Run' which is free on the app store'.

Please see the details of what you need to do below:

Get involved?
How? Join the Google Classroom once sent the code
When? Thursdays @ 4pm - 40 minutes

Better Stronger Together



The St Richard Reynolds Sports hats are available for sale on the School shop for £12. Why not snap one up before the end of the winter season?

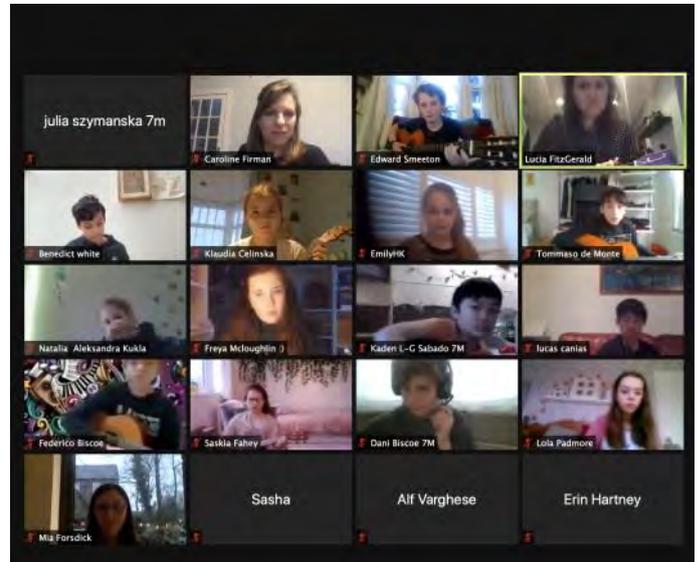
■ Music

It has been an exciting start to 2021 in the Music Department- entries have been flying in for our Composition Competition, and we have professional composer James Brady judging our student's brilliant efforts with the results being announced after half term. Mr Brady worked with our A level students just before Christmas and we're delighted to be welcoming him back again. Next term we will be holding auditions to find our 2021 Piano Scholars; please email Miss Davies for more information about this at n.davies@srrcc.org.uk

We currently have over 190 instrumental and singing lessons taking place every week via Zoom, and are constantly hearing high praise from all of our tutors about how committed and professional our students are, and how well they are all progressing! We recently welcomed our new piano teacher Mr Shay. Alongside classical piano, Mr Shay is also a jazz piano teacher - there are still a few places available for any students who may wish to study jazz and improvisation.

On Tuesday mornings the SRRCC orchestra are being treated to highly entertaining rehearsals and musical quizzes led by Miss Firman and Mrs Fitzgerald - they are currently working on music from James Bond and Star Wars. Miss Davies is currently running a variety of co-curricular music theory clubs, so please do get in touch if you would like to take part in any.

Ukulele and Guitar club is a continued roaring success! Mrs Fitzgerald and Miss Firman are so inspired by all its members and all the many song suggestions. There are certainly some excellent skills developing and we can't wait to hear you all play together when the time comes! Please email c.firman@srrcc.org.uk if your child would like join (Wednesdays, 3.30pm).



Our Sing Out! Choir for Parents, Friends, Staff and Governors is still going strong and you are most welcome to join the fun every Tuesday 6.30-7.15pm. Email c.firman@srrcc.org.uk for more information.

If you require any further information or would like to sign up for instrumental or singing lessons please do not hesitate to contact Miss Firman at and Miss Davies.

Miss C. Firman & Miss N. Davies

St Richard Reynolds presents...

PIANO SCHOLARS

COMPETITION

The Music Department is seeking one Primary School and two High School pianists to be appointed as our 2021 Piano Scholars.

Deadline for applications: Monday 8th March 2021



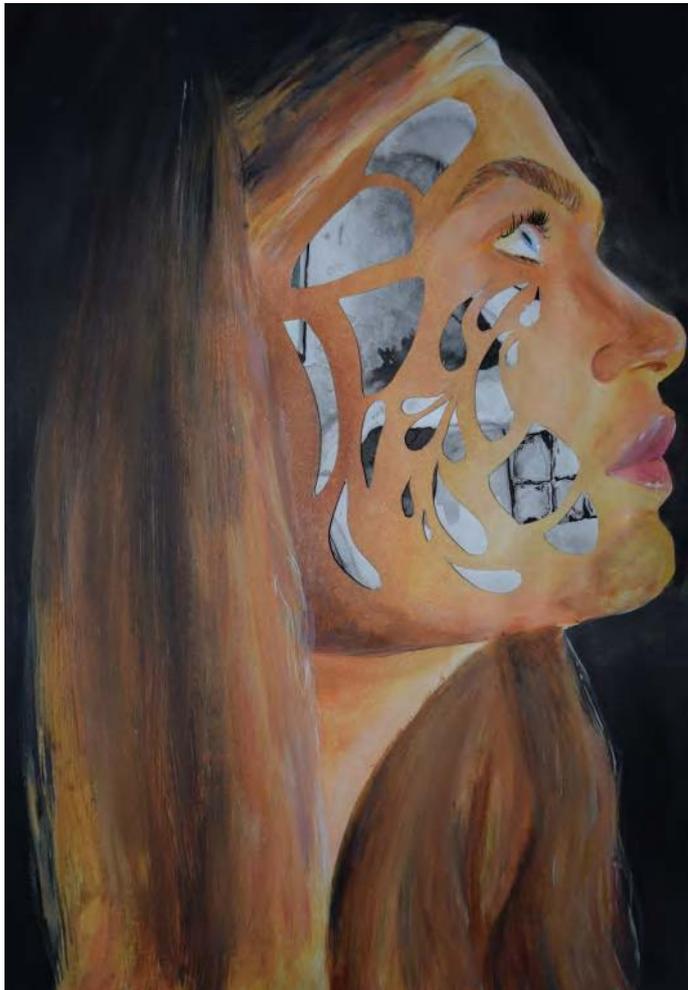
Art



Josie Newman, Yr11 Michael Mew response



Sofia Malpeli, Yr11 Oil Study



Isabella Bassett-Romo, Yr 11 Mixed media self portrait



Lucas Walsh, Yr11 Michael Mew response

Year 2—Our Spring 1 topic in Year 2 was ‘Nurturing Nurses’ and we learned all about the amazing work of Florence Nightingale, Mary Seacole and Edith Cavell. We have also been learning about the fantastic work of our NHS today and investigated the importance of hygiene in our Science lessons. We have created some wonderfully descriptive writing about the terrible conditions in hospitals during the Crimean War and made our very own lamps in recognition of Florence Nightingale as ‘The Lady with the Lamp’. We have also learned about keeping healthy, both in body and mind, and have enjoyed selecting from the wellbeing menu on a Friday afternoon.



Year 4—This half term, Year 4 have worked extremely hard to learn about life in Roman times. We learned that the Roman conquest of Britain was a gradual process, beginning in AD 43. The Romans brought a lot of changes to Britain which we still see today.



My Roman road!

30/01/2021

I made this Roman road by using rice crispies and mixing them in chocolate, putting them on a fruit cake so it looked like stones and rubble. Next, I used vanilla icing to stick little lemon cakes to the stones and rubble to make the sand layer. Then I stuck the road to some chocolate cake which represents the normal ground. After that we cut the gutters and stuck biscuits to the lemon cake with the same vanilla cream. Finally, I put the coconut flakes(grass) to the top (oh, I made it green with food colouring) and last but not least I added the tiny edible flowers.



Sofia Sillwood

Year 3 have been studying ‘Tribal Tales’ and have learnt about the Stone Age, Bronze Age and Iron Age in Britain. In English we read ‘The Boy with the Bronze Axe’ and wrote our own Stone Age themed adventure story. We have learned about how tools were made from flint, how animals were hunted and how Neolithic people learned to farm. We have even had a go at creating our own Neolithic woven baskets, Bronze Age monuments and Iron Age jewellery.



Eva and Tilly wrote a script from the perspective of two members of the Iceni Tribe. They then learnt their lines off by heart and filmed it making sure they stayed 2m apart!!



Charlie and Chiara created some wonderful artwork of Boudicca.



Year 5 have also looked at famous self portraits of different Tudor monarchs. They discovered with Mrs Forsdick how to draw proportions of facial features and applied these new skills to their work using a variety of media.



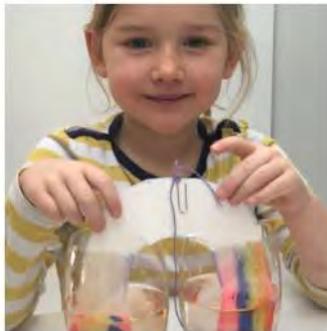
Year 5 have been exploring the features and structure of a traditional Tudor house. They were set the challenge to design, plan and make and evaluate their own Tudor House.

Well being week- 'Express Yourself'



Year 6 have been enjoying their weekly break from screens and have chosen to partake in a variety of well-being activities on Friday afternoons. These include baking, building dens and hideaways, running, creating art, cooking and much more.

Primary STEM Morning



■ Friends of St Richard Reynolds

The Friends of St Richard Reynolds

We hope that our parent and supporter community are keeping well through the latest challenging circumstances. We once again find ourselves incredibly grateful to our school for the quick and efficient transfer to online learning at the start of this term. It is as important as ever that we continue to support our school by raising funds that can keep improving our children's educational experience and environment.

Of course we are still unable to get together for our usual fundraising events and the first Friday of February would be our annual Curry and Quiz Night. Last year we raised around £4000 for the school. Online quizzes have formed a large part of entertainment for many of us during these lockdowns but there is nothing like getting together with our school community to take on other teachers, parents and students and have some fun in the process.



ST RICHARD REYNOLDS & FOSRR
INVITE YOU TO JOIN THE

SRRCC COMMUNITY QUIZ

FRIDAY 26th FEBRUARY 2021 at 6pm
Hosted by Mr Butcher of
'YouTube SRRCC Pub Quiz' fame

This online event is free for all SRRCC families to join
but any donations would be really appreciated

srrcc.ourschoolwishlist.co.uk/donations/quiznight/

Joining details will be sent by Parentmail
Any queries please contact fosrr.info@gmail.com

#BetterStrongerTogether

With this in mind we are delighted to announce that we will be holding a virtual **St Richard Reynolds Community Quiz on Friday 26th February at 6 pm.** Hosted by our in-house quiz master Mr Butcher

(many of you will be familiar with his Friday lockdown quizzes on YouTube) and with appearances from other well-known members of the community **please put the date in your diary for an evening of family fun, entertainment and bit of healthy competition.**

The quiz will be free to attend and log in details will be circulated by Parentmail shortly before the event. **However any donations to the FoSRR Funds would be much appreciated to make up some of our shortfall from cancelled events and help us to continue supporting our school. To make a donation please visit: [Our Wishlist](#)**

We look forward to 'seeing you' there!

Half Term Fundraising Challenges

We have some easy and helpful ways you can raise money for the school over the half term holidays....

Take up the Sewing Challenge

Order a selected sewing kit from local crafty company **Sew What** and they will donate £1 from the sales to the NHS and £1 to our school! Visit their [website](#) and select either the **Toothbrush Holder** or the **Carabiner Keyring** then select St Richard Reynolds from the drop down box as your chosen school. **Delivery is free to TW1/2 areas.** In addition you will receive a sponsorship form with your sewing kit so friends and relatives can pledge to support you while you sew - why not see how many projects you can complete? Money raised will be donated to our school.

Clear your unwanted Books, DVDs, CDs and Games with Ziffit

Ziffit is a super simple App that you can download to your device and use to donate unneeded books, DVDs, CDs and Games. Scan the books with the simple scanning tool, get a valuation, use the option at checkout to donate to your chosen charity, (St Richard Reynolds), package them up and then they will be collected from your home or dropped off locally at no cost to you! It's a great way to have a bit of a clear out, recycle unwanted items and raise money for the school. A member of the FoSRR team filled a box of books and made £20 for the school. If 50 or so families all did the same that could be £1000!

Visit www.ziffit.com and make sure you donate your profits to our school!

Don't forget the other ways you can continue to keep raising funds for our school - many of them will not cost you anything!

Easyfundraising

As we continue to shop from our sofas, please don't forget that over 4,100 shops and sites will donate to Friends of Saint Richard Reynolds - FoSRR for FREE every time you use [easyfundraising.co.uk](https://www.easyfundraising.co.uk) to shop with them. For those optimistically looking to book a summer holiday whether in the UK or abroad there is a huge list of websites including Vrbo, [booking.com](https://www.booking.com), Jet2 and James Villas who make donations at no cost to you. We heard one parent's ferry bookings resulted in £11 donated to the school!

Sign up at <https://www.easyfundraising.org.uk/causes/fosrr/> and don't forget to install the **Donation Reminder** to your desktop so you never miss the opportunity to donate.

Amazon Smile

Do all your usual Amazon shopping through the [smile.amazon.co.uk](https://www.smile.amazon.co.uk) website and link your existing Amazon account to 'Friends of Saint Richard Reynolds' and we receive a percentage of the purchase price at no extra cost to you!

Northbrook Wrap, Cards and Gifts

Not just for Christmas, Northbrook is available all year round for all your gift needs. Order wrapping paper, cards and small gifts for birthdays, Easter, anniversaries and celebrations.

Place your order at www.northbrookfundraising.co.uk/srrcc enter the code **SRRCC** at the checkout and the school will receive 22% of the value at no cost to you!

Gift Vouchers from www.vouchers4charity.org.uk

With the current lockdown making shopping for family and friends difficult why not buy gift vouchers online? They are perfect for everybody from fussy teenagers to shielding grandparents and if you visit www.vouchers4charity.org.uk you will find vouchers for all your favourite retailers and supermarkets. Quick, safe and easy to buy online, the vouchers can be sent to any UK address and **a donation will be made to FoSRR with every purchase. Just enter FoSRR as the charity you would like to support at the checkout.** There is something for everybody including John Lewis, M&S, Top Shop, JD Sports as well as multi use cards such as One4All gift cards.

Future Events

Our Annual Summer Ball and Auction is a huge fundraiser for the school. Our last one in June 2019 raised over £15,000 for the school which supported the building of the Sports Hall and other large scale

projects.

With any in-person events looking unlikely before the Summer Holidays we will instead be bringing the Auction Online and we need your help!

Could you join our Auction team, sourcing prizes and helping to promote our online auction platform? Are you a parent/carer/supporter that could contribute a prize or a promise towards our auction? We are looking for prizes of all value, whether it's the use of a holiday home, event tickets, sports memorabilia or offering a service such as gardening, cooking meals, sharing a skill?

If you have ideas, skills or contributions you could make to our fundraising then please contact us at fosrr.info@gmail.com. Thank you for your help!

The SRRCC Wishlist

With St Valentines Day  coming up it is the perfect time to express gratitude to the important people in our lives and FoSRR have the perfect way to show appreciation for our school.

SRRCC.OURSCHOOLWISHLIST.CO.UK TO SEE WHAT YOU CAN CONTRIBUTE TO OUR CHILDREN'S EXPERIENCE'. At the bottom right is the logo for 'DARREN BARTLETT REAL ESTATE'. The poster is decorated with several white heart outlines of various sizes." data-bbox="502 437 933 842"/>

Visit our School Wishlist www.srrcc.ourschoolwishlist.co.uk our recently launched website that gives parents the opportunity to support the school directly and get the things the

We have raised £6,300 for the school and over 25 items have already been ordered and are now on their way to school, ready for when the children return. Thank you so much for your generosity.

If you haven't had a chance to look then please do so over the half term holidays. Donations can be made from as little as £1 and every penny really does count. Some classes have got together and made group purchases. And do feel free to pass the link on to any friends or family who might want to support our school.
www.srrcc.ourschoolwishlist.co.uk

We would like to thank SRRCC parent Darren Bartlett who, through his boutique estate agency Darren Bartlett Real Estate, has sponsored our Wishlist website. His generosity means there are even more resources available to our school and every donation goes directly towards our children's experience.

Darren has also pledged a £250 donation to the school for any recommendation from a parent of the school that leads to a sale through his company. Please visit www.darren-bartlett.co.uk

If you are a parent who is interested in sponsoring any of our activities to fundraise for our school then do contact us at fosrr.info@gmail.com We have lots of opportunities planned for this year!

The Wishlist MarketPlace - promote your business to the SRRCC community

Coming soon to Our Wishlist Website is the Market Place that enables parents and supporters to promote their business to the SRRCC community in return for a small fee. To discuss promoting your business please contact fosrr.info@gmail.com

Class Reps

We have a fantastic group of parents acting as class reps and want to thank them for all their support. We still don't have one in every form so if you fancy stepping forward for 11K, 11L, 10M, 10K, 9B or 9M then do get in touch with us.

We particularly would like to hear from anybody in 11K or 11M and Year 13 to help with the planning of Leavers Events - contact fosrr.info@gmail.com

The FoSRR Team

The Friends of St Richard Reynolds

fosrr.info@gmail.com

Follow us on Twitter [@FoSRR](https://twitter.com/FoSRR)

The Friends of St Richard Reynolds

V O L U N T E E R

WHAT'S MISSING?

U R

Join us to help organise fundraising events, be a Class Rep or get involved through sponsorship and donations. Please get in touch if you could help. It's a great way to support and be involved with school! Contact fosrr.info@gmail.com



 THE FRIENDS OF ST RICHARD REYNOLDS

 Parentkind
Member Association

**DARREN
BARTLETT
REAL ESTATE**

**A Boutique Property Agency
covering the London Borough of
Richmond Upon Thames**

**Our School Wishlist sponsor
Darren Bartlett Real Estate will
donate £250 to our school for any
recommendation from a
Friend of St Richard Reynolds that
leads to a sale!**

www.darren-bartlett.co.uk

To sign up please visit our website:

www.cathchild.org.uk/lent



CCS Lenten Challenge

This Lent we are asking children and young people across the diocese to participate in the CCS Lenten Challenge: "Will we bend down and help another to get up?" The theme is inspired by Pope Francis' recent encyclical 'Fratelli Tutti', and the challenge he sets us: "Each day we have to decide whether to be Good Samaritans or indifferent bystanders . . . Will we bend down and help another get up? This is today's challenge, and we should not be afraid to face it."

We are asking schools to take up Pope Francis' challenge and help local disadvantaged children and families in their time of need. For more information and to sign up for this year's CCS Lenten Appeal please visit our website: www.cathchild.org.uk/lent

We would be so grateful if your school can participate in this year's Lenten Appeal - your support makes such a difference to children and families across the diocese.



Accord Legal Services are proud to be offering FREE WILLS for NHS staff and other Key Workers as our way of saying thank you for their hard work throughout this pandemic.

For more information, contact Accord today on **0843 506 5115**, or email info@accordwills.co.uk.



WHAT ARE THE NEW RESTRICTIONS?



DO NOT SOCIALISE INDOORS
You must not meet socially with friends and family indoors in any setting unless you live with them or have formed a support bubble with them.



WORK FROM HOME IF YOU CAN
If you are able to work from home you should continue to do so.



TRY TO REDUCE YOUR JOURNEYS
You can continue to travel, but should look to reduce the number of journeys you make where possible.



WASH YOUR HANDS
Make sure you wash your hands for at least 20 seconds, or use hand sanitiser, regularly.



KEEP A SAFE DISTANCE
Stay 2 metres apart from people you don't live with.



COVER YOUR FACE
Stay safe and wear a face covering. This includes on public transport, in shops and taxis (there are exemptions).



STICK TO THE 'RULE OF SIX'
You may continue to see friends and family you do not live with (or have not formed a support bubble with) outside, including in a garden or other outdoor space. When you do so, you must not meet in a group of more than 6.

HOW TO ACCESS GOOGLE CLASSROOM FROM AN XBOX OR PS4



ON PS4:

1. Turn on PS4
2. Use your controller to scroll to the far right of the bar with games to 'LIBRARY'
3. Select 'LIBRARY' application
4. Within the library, use the search bar to type in 'INTERNET'
5. Select the 'INTERNET BROWSER' app
6. Start Internet Browser and press the triangle button on the controller to search
7. Once on the internet, type in the search box 'GOOGLE CLASSROOM' and the select the first link that comes up
8. Select 'GO TO CLASSROOM' then log in using student email and password.



ON XBOX:

1. Go to 'HOME MENU'
2. Select 'MY GAMES AND APPS'
3. Scroll down to 'APPS'
4. Go to 'MICROSOFT EDGE' application
5. Search for 'GOOGLE CLASSROOM'
6. Select 'GO TO CLASSROOM'
7. You will need to log in using your student email address and password



https://issuu.com/sevenstarmedia/docs/ff_issue_7_digital211220

Young Photographer Competition

Two new categories: under 12s and 13-18 year old photographers based in the London Borough of Richmond upon Thames. Submit your images and interpretation of *landscape photography*.

As part of the £6million Marble Hill Revived project, we will see the landscape invested in so that elements of the historic features are restored, areas are opened up and the site bio secure for generations to come.

The top two images from each category will be displayed in the grounds of Marble Hill House for six weeks from March 2021.

Deadline to submit: 28 February 2021
Enter on www.londonphotofestival.org

LONDON PHOTO FESTIVAL
FENCE



PARK LANE STABLES under threat of closure - crowdfunding appeal

Park Lane Stables RDA (Riding for the Disabled) has been a key part of the Teddington community for many years, **providing much-needed therapy and happiness** to hundreds of local children and adults with (and without) disabilities and mental health challenges every year.

After 12 years, our landlord has told us that he will not be renewing our lease which ends on 31 May 2021 as he wishes to sell the property. If we cannot find the funds to purchase by **the end of February**,

the stables will be closed and the horses will be gone! We don't want to lose our beloved stables. We love our unique home in Teddington and we want to stay and serve our amazing community. We are a small charity and we have struggled to survive the COVID-19 crisis, but the overwhelming support we have received from the local community has helped us through this and made us strong.

For our riders and carriage drivers with disabilities that depend on us, it will have a massive negative impact on their lives. For many of them the only time they leave their homes is to come to the stables. **What we do:** In a non Covid year we provide **3000 sessions of therapeutic riding** including hippotherapy and carriage driving.

We have a huge waiting list of adults and children with disabilities in need of our services, the demand is most definitely there! If you can help the Park Lane Stables to survive and serve the community, we would be most grateful. Go to:

<https://www.crowdfunder.co.uk/save-our-stables>