



Primary Sports Bulletin

26th March

Welcome to the next instalment of the Primary Sports Bulletin for this academic year. It's time to write up and tell all about another busy term for PE & Sport at our Primary School.

Reflection - Lent Term

During this term KS1 lessons have been focused on linking actions & movements in Gymnastics and Dance, with an introduction to ball skills through a range of invasion games. KS2 have developed their skill set in a range of team and individual sports; netball, badminton & cricket. Whilst Year 3/4 to fit in with their history topic have explored Roman dance. The colleges relationship with London GAA has continued to be strengthened with pupils experiencing curriculum Gaelic lessons and hurling after-school.

The PE department this term also ran another of its regular campaigns - **Movement for Mental Health**. During the w/c 18th March there were a range of activities and inter-house competition for pupils to get involved in placing emphasis on the importance of physical activity not only for our body but for our mind. Please see further down in this bulletin to see how our pupils got on.

The annual borough swimming gala took place on Tuesday 6th March - thank-you to Ms Phelan & Ms Jeffers who took, supported and lead the pupils on the day. There were some stand out individual results including; Luke P - 2nd Y4 Freestyle Boys, Robert J - 3rd Butterfly Boys & George B - 3rd Backstroke Boys.

Co-Curricular Clubs

We have continued to offer an array of sporting opportunities for our pupils this term. Our provision has continued to thrive with numbers remaining high for both clubs run by our PE Staff and external paid clubs. We are very proud of the strong value our pupils and parents regard regular physical activity with the range of social and emotional benefits that it brings. Below are the current class percentages;

- Rec - 42%
- Year 1 - 67%
- Year 2 - 73%
- Year 3 - 70%
- Year 4 - 93%
- Year 5 - 76%
- Year 6 - 73%

*70% of all pupils in Rec-Y6 have attended a club this academic year, this is a brilliant achievement - In the summer term we will be looking to target those students who have yet to attend a sports club!



Some photos of our enjoying PE & Sport at the college this term!



PE Stars of the Term

We have been really pleased with the high levels of engagement pupils have displayed in PE this year! Congratulations to the following students who have been selected by our Primary PE Team as PE Stars of the Term;

- Reception - Amy Chadwick
- Year 1 - Penny Altmann
- Year 2 - Gabriel Marcus
- Year 3 - Pavel Deryagin
- Year 4 - Stanley Riehl
- Year 5 - Julian Szweczyk
- Year 6 - Kaitlyn Mok

We look forward to giving more of these awards in the Summer term.



'If something stands in the way of you and success, move it' Dwayne Johnson



Primary Sports Bulletin

26th March

Borough Fixtures & Tournaments

Date	What	Where
Tues 30th Jan	Y5/6 Girls Football 8-0 v TPA	Twick Green
Tues 6th Feb	Borough Swimming Gala	Pools on Park
Wed 7th Feb	Y5/6 Boys Football 0-4 v TPA	Twick Green
	Y5/6 Boys Football 1-0 v Archdeacon	
	Y5/6 Boys Football 1-2 v Orleans	
Tues 27th Feb	Y5/6 Girls Football 1-4 v Archdeacon	Orleans
	Y5/6 Girls Football 4-1 v Orleans	Orleans
Wed 6th Mar	Y5/6 Netball Tournament	Barn Elms
Thurs 14th Mar	ACAT Y3/4 Football Tournament	St Michaels
Wed 20th Mar	Y5/6 Tag Rugby 5-35 East Sheen	Moormead



Movement for Mental Health

During the w/c 18th March the PE Department ran another campaign focusing on the importance of physical activity not just for your body but for your mind. Throughout the week there were a variety of activities and inter-house competitions for students to enter with prizes up for grabs. Please see below some of our winners;

Challenge	EYFS	KS1	KS2
Star Jumps Challenge	Dominic	Keith - Year 2	Posy - Year 4



Primary Sports Bulletin

26th March

Speed Bounce Challenge	Sophie	Laura - Year 2	Lily B - Year 6
Squat Challenge	Simone	Freddie - Year 1	Stanley - Year 4
Bounce & Catch Challenge	Emi	Gabriella - Year 2	Benny - Year 6





Primary Sports Bulletin

26th March

Inter-house Competitions - Lent Term

Two inter-house competitions have taken place this term in line with the sports your child has been learning and developing their skill set in, please see the current house standings below. It is brilliant to see the excitement and competitive nature that inter-house competitions bring out in our pupils!

Standing	House	Points
1st	St Francis of Assisi	1120
2nd	St Elizabeth of Hungary	1010
3rd	St Joseph the Worker	920
4th	St Maximilian Kolbe	900
5th	St Catherine of Siena	860
6th	St Teresa of Calcutta	820

Co-Curricular External Clubs - Summer 1

There are still spaces available for the following clubs, please see information and links below to sign up;

Fencing - Tuesdays 7:45am-8:30am (20th Feb-26th Mar - £60 - Six Sessions)

In the fencing sessions you will be taught the fundamentals of fencing with all students learning fencing rules, movement, basic attacks and defence. While also expanding their tactical skills, asking you to identify opportunities during the fights, all while duelling your friends. Inspion Sports and its team of British, European and Commonwealth champions have created a syllabus that not only passes down our fencing knowledge to you but also aims to develop many transferable skills that can be used throughout life. Please book your place by clicking on the following link -

<https://docs.google.com/forms/d/e/1FAIpQLSdCWtE3LWrsCZE34E-U4gOrxKqUv1p1zdV8EuRu87EanxVevw/viewform>



Primary Sports Bulletin

26th March

Combate Karate - Tuesdays 3:20pm-4:20pm (16th Apr-21st May - £60 - Six Sessions)

Inspion Sports Combat Karate uses a specifically designed syllabus to encompass the best traditional and modern martial arts into a system that can be used for competition and self defence. As students progress through the grades they add more techniques to their repertoire while learning the code of martial arts. Respect, Honour and integrity. The aim is to be strong in the mind and body. Please book your place by clicking on the following link -

<https://docs.google.com/forms/d/e/1FAIpQLSdCWtE3LWrsCZE34E-U4gOrxKqUv1p1zdV8EuRu87EanxVevw/viewform>

We hope you have a restful Easter break!

Team PE