

St Richard Reynolds Catholic Primary School PSHE and RSE Curriculum Map

	Autumn 1 <i>Black History month</i>	Autumn 2 <i>Anti-Bullying/Wellbeing week</i>	Spring 1	Spring 2	Summer 1	Summer 2
Overarching Theme	Zones of regulation Family and Relationships. <i>Created and Loved by God: Religious Understanding</i>	Family and Relationships. Health and Wellbeing <i>Created and Loved by God: Religious Understanding.</i>	Health and Wellbeing Safety and the changing body. <i>Created and Loved by God: Me, my body and my health.</i>	Safety and the changing body Citizenship <i>Created and Loved by God: Emotional Wellbeing</i>	Citizenship Economic Wellbeing <i>Created to live in a community: Living in the wider world</i>	Economic Wellbeing Transition <i>Created to live in a community: Religious Understanding</i>
Reception	Marvellous me and Fabulous Friends <i>School Nurse visit, oral health.</i>	Once upon a time	When I close my eyes	Old Macdonald	<i>Are we nearly there yet?</i>	Down in the Jungle
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God <i>Catholic Social Teaching, created by God, grateful personhood and appreciative values.</i>	Created and Loved by God <i>Catholic Social Teaching, created by God, grateful personhood and appreciative values.</i>	Created and Loved by God <i>Me, my body and my health. I am me, our bodies, heads, shoulders, knees and toes .</i>	Created and Loved by God: <i>Emotions, behaviour, good and bad feelings.</i>	Created and Loved by God: <i>Life cycles, growing up and my life.</i>	Created to live in a community: <i>Religious Understanding, loving us, me and you.</i>
Year 1	Fantastic Families	We're going on a dinosaur hunt.	Meet the Superheroes <i>Visit from real-life superheroes-Police, firefighter.</i>	If you go down to the woods	A Right Royal Day out	Up, Up and Away
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God <i>Catholic Social Teaching, God's creation, giving thanks, body, mind and spirit.</i> Family and Relationships <i>Friendship, family relationships,</i>	Created and Loved by God <i>Catholic Social Teaching, God's creation, giving thanks, body, mind and spirit.</i> Family and Relationships <i>Working with others and friendship problems.</i> Health and Wellbeing: <i>Understanding emotions, respect, sleep, relaxation.</i>	Created and Loved by God <i>Special people, saying sorry and treating others well.</i> Health and Wellbeing: <i>Personal hygiene, sun safety, allergies and local community.</i> Safety and the changing body: <i>Emergencies, calling for help, adults in School and outside School.</i>	Created to love others: <i>Being safe, secrets and physical contact.</i> Safety and the changing body: <i>Appropriate contact, safe substances, safety at home and people who keep us safe.</i> Citizenship: <i>Rules, caring for others and the needs of others.</i>	Created to live in a community: <i>Religious understanding, neighbours and people around us.</i> Citizenship: <i>Differences, belonging and democratic decisions.</i> Economic Wellbeing: <i>Money, banks and building societies.</i>	Created to live in a community: <i>Living in the wider world, the communities we live in.</i> Economic Wellbeing: <i>Saving and spending.</i> Transition: <i>Strengths and transition.</i>
Year 2	Fire! Fire!	Pesky Pirates <i>Fire Safety visit</i>	Nurturing Nurses <i>Visit from NHS nurse.</i>	Scrumdilylumptious <i>Road safety-scooter training.</i>	Squirm and Slither	Where the land meets the sea
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God <i>Catholic Social Teaching, God's creation, giving thanks, body, mind and spirit.</i> Family and Relationships <i>Stability, love, family differences, peoples' feelings.</i>	Created and Loved by God <i>Catholic Social Teaching, God's creation, giving thanks, body, mind and spirit.</i> Family and Relationships <i>Manners, courtesy, change, loss, and stereotypes.</i> Health and Wellbeing: <i>Different emotions, being active, relaxation, breathing.</i>	Created and Loved by God <i>Girls, boys, cleanliness, me, my body and my health.</i> Health and Wellbeing: <i>Success, growth mindset, diet and dental health.</i> Safety and the changing body. <i>Internet, communicating online, secrets and appropriate contact.</i>	Created and Loved by God: <i>Emotions, feelings, likes and dislikes.</i> Safety and the changing body: <i>Appropriate contact, road safety, staying safe and medicine.</i> Citizenship: <i>Rules beyond school, our school environment and our local environment.</i>	Created and Loved by God: <i>Life cycles.</i> Citizenship: <i>Our community, job roles, similarities, differences, school council and giving my opinion.</i>	Created to live in a community: <i>My neighbours, the world we live in and communities.</i> Economic Wellbeing: <i>Where money comes from, how to look after money and why we use banks and building societies.</i> Transition: <i>Change and differences.</i>
Year 3	Marvellous Magnets	Raging Rivers	Scavengers & Settlers	Extreme Earth	Predators & Prey	Greek Gods & Mere Mortals
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God <i>Created individually, desire to be loved, grateful, appreciative, faith and personhood values. Personal and communal worship.</i> Family and Relationships <i>Healthy families, friendship conflict, bullying and effective communication.</i>	Created and Loved by God <i>Created individually, desire to be loved, grateful, appreciative, faith and personhood values. Personal and communal worship.</i> Family and Relationships <i>Trust, differences, stereotyping in Gender and Age.</i> Health and Wellbeing: <i>Healthy lifestyle, relaxation, identity, strengths, resilience, diet and Oral health.</i>	Created to Love others: <i>friends, family, when things go bad, me, my body and my health.</i> Health and Wellbeing: <i>strengths, resilience, diet and dental health.</i> Safety and the changing body: <i>First aid-bites and stings. Emergencies, being kind online and cyberbullying.</i>	Created to Love others: <i>Safe in my body, First aid heroes and online safety.</i> Safety and the changing body.: <i>Fake emails, making choices and keeping safe in the community.</i> Citizenship: <i>Rights of the child, responsibilities and recycling.</i>	Created to live in a community: <i>Community of love and the church.</i> Citizenship: <i>Local community, charity, democracy and rules.</i>	Created to live in a community: <i>Living in the wider world and loving others.</i> Economic Wellbeing: <i>Creating a budget and learning about: the different ways of paying, the emotional impact of money, the ethics of spending and thinking about potential jobs and careers.</i> Transition: <i>Coping strategies</i>
Year 4	Amazon Adventure	Raiders and Invaders!	It Takes Guts	Ruthless Romans	What a state	Viva Espana
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God <i>Created individually, desire to be loved, grateful, appreciative, faith and personhood values. Personal and communal worship.</i> Family and Relationships <i>Respect, manners, healthy friendships, behaviour and bullying.</i>	Created and Loved by God <i>Created individually, desire to be loved, grateful, appreciative, faith and personhood values. Personal and communal worship.</i> Family and Relationships <i>Stereotypes in Gender and Disability. Families in the wider world, change and loss.</i> Health and Wellbeing: <i>Oral health, visualisation, celebrating mistakes, meaning.</i>	Created and Loved by God <i>Respecting our bodies, puberty, changing bodies, boy and girl discussion.</i> Health and Wellbeing: <i>Purpose, happiness, emotions and mental health.</i> Safety and the changing body: <i>Internet safety, share awareness. First aid-Asthma, privacy and secrecy.</i>	Created and Loved by God: <i>Feelings and thankfulness</i> Safety and the changing body: <i>Information online, growing up, puberty and health risks.</i>	Created and Loved by God: <i>Life cycles and how our body changes.</i> Citizenship: <i>Human rights, caring for the environment; exploring the role of groups within the local community, appreciating community diversity; looking at the role of local government.</i>	Created to live in a community <i>Community of love, loving others and the church support.</i> Economic Wellbeing: <i>Choices associated with spending, what makes something good value for money, career aspirations and what influences career choices.</i> Transition: <i>Setting goals</i>
Year 5	Tomb Raiders	Out of this World	Treason	From Farm to Fork	Fantastic beasts and where to find them <i>School Police officer talk Online safety workshop</i>	Trembling Tectonics
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God: <i>Created individually, becoming an adult, loss and change. Grateful, appreciative, faith and personhood values.</i> Family and Relationships: <i>Build a friend, friendship skills, marriage and respecting myself.</i>	Created and Loved by God: <i>Created individually, becoming an adult, loss and change. Grateful, appreciative, faith and personhood values.</i> Family and Relationships: <i>Family life, bullying, stereotypes in Gender, Race and Religion.</i> Health and Wellbeing: <i>Relaxation, rest, embracing failure, responsibility of feelings</i>	Created to love others: <i>Personal relationships, pressures and self talk.</i> Health and Wellbeing: <i>Healthy meals and sun safety.</i> Safety and the changing body: <i>Online safety, online friendships, puberty and menstruation.</i>	Created to love others: <i>Sharing, giving assistance, making the right choices and cyberbullying.</i> Safety and the changing body: <i>Emotional changes of puberty, first aid and making decisions.</i> Citizenship: <i>Breaking the law, protecting the planet, rights and responsibilities.</i>	Created to live in a community <i>The trinity, catholic social teaching.</i> Citizenship: <i>Contributing to the community, pressure groups and roles of The Parliament.</i> Economic Wellbeing: <i>Borrowing, income, expenditure.</i>	Created to live in a community <i>Living in the wider world and reaching out to others.</i> Economic Wellbeing: <i>Risks with money and stereotypes</i> Transition: <i>Roles and Responsibilities</i>
Year 6	The Victorians <i>Citizenship workshops</i>	Polar Lands	World War 2	The Evolution Theory <i>Road safety-cycling proficiency</i>	Hola Mexico! <i>Online safety and social media workshop.</i>	Travelling East <i>First Aid training</i>
	Zones of regulation: <i>Recognising our feelings, understanding our class charter, catholic social teaching and behaviour values.</i> Created and Loved by God: <i>Created individually, becoming an adult, loss and change. Grateful, appreciative, faith and personhood values.</i> Family and Relationships: <i>Respect, respectful relationships, stereotypes, attitudes and beliefs.</i>	Created and Loved by God: <i>Created individually, becoming an adult, loss and change. Grateful, appreciative, faith and personhood values.</i> Family and Relationships: <i>Challenging stereotypes, resolving conflict, change and Loss.</i> Health and Wellbeing: <i>Long term goal, mindfulness, responsibility of individual health, technology impact.</i>	Created and Loved by God: <i>Gifts, talents, our bodies and puberty change.</i> Health and Wellbeing: <i>Resilience, habits, immunisation and Health concerns.</i> Safety and the changing body: <i>Healthy decisions, information online, social media, physical and emotional changes of puberty.</i>	Created and Loved by God: <i>Emotional changes, feelings and body image.</i> Safety and the changing body: <i>Conception, babies growth, mothers womb, First aid and basic life support.</i> Citizenship: <i>Human rights, food choices, caring for others and the environment.</i>	Created to live in a community <i>The trinity, catholic social teaching.</i> Citizenship: <i>Prejudice, discrimination, valuing diversity and National democracy.</i> Economic Wellbeing: <i>Attitudes to money, keeping money safe,</i>	Created to live in a community <i>Living in the wider world and reaching out to others.</i> Economic Wellbeing: <i>Career paths and the variety of different jobs available.</i> Identity: <i>Identity, gender identity and body image.</i> Transition: <i>Dealing with change.</i>

