



ST RICHARD REYNOLDS CATHOLIC COLLEGE

ST RICHARD REYNOLDS CATHOLIC PRIMARY SCHOOL
ST RICHARD REYNOLDS CATHOLIC HIGH SCHOOL

Physical Education Intent Statement

Here at St. Richard Reynolds Catholic College, we intend to provide a curriculum that is broad, balanced, challenging and fosters a love of physical learning through all key stages. Through a variety of both traditional and contemporary sports, all students are provided with opportunities to learn new skills and techniques, develop a further understanding of more practiced physical activities and sports, and reflect on ongoing learnings and performances. The intent of our Physical Education curriculum is to provide all students with high quality Physical Education lessons that allow each student to succeed, reach their full potential, and develop their physical, mental and social health and wellbeing. Working alongside our curriculum, we aim to offer an outstanding co-curricular sport provision that will contribute to the overall education of young people by helping them to lead full and active lives through engaging in purposeful physical activity and sport. The relationship between our curriculum and co-curricular provision allows our students to feel practically challenged, inspired to succeed and listened to and loved by our St. Richard Reynolds Community.

All students will develop a genuine love and passion for physical education, sport and exercise, to continue engaging in life-long physical activity and to be the sportsperson God created us to be.

Implementation:

Every student receives 100 minutes of PE each week, and has access to an extensive co-curricular timetable, whereby a large variety of sports are offered each day. Within our curriculum, all students have access to our roadmaps which outline what, when and how they will be learning new skills through our broad, balanced and challenging curriculum provision. Additionally, we offer our wide range of co-curricular activities in line with our curriculum, to give our students opportunities to continue developing their knowledge and skills outside of their core lesson time.

Additionally, we encourage students to partake in regular physical activity, sport and exercise outside the college by displaying posters, contacts and details of local clubs, whilst also developing conversations with the students and their parents regarding the importance of regular activity, sport and exercise. Additionally, we require the students to complete termly questionnaires to remind them of the importance of being active, and note any changes the students make towards their physical health each term (e.g. they have joined a new club).

Each week, staff also are provided with opportunities to take part in staff sport through a variety of different sports. Additionally, many staff members walk, cycle or run to school, acting as role models that so many of our students follow, especially during our cycle to college schemes and programs.

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Principal: Richard Burke BSc MA
Diocese of Westminster



ASCENSION
CATHOLIC ACADEMY TRUST

Aims:

We teach in a way that children:

- Have fun and experience success in sport
- Can join in at their own level of development
- Build and secure a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Use sport as a vehicle for positive social, mental and physical health and wellbeing

We encourage:

- Students to partake in sport and physical activity outside of the college
- Staff to partake in regular physical activity
- Active travel to and from the college

Impact:

All children will have access to a curriculum that is broad, balanced, challenging and fosters a love of physical learning through all key stages. Our curriculum will motivate students to continue their love for sport by attending co-curricular activities, where attendance is collated. All students across KS3 will attend a club, which motivates them to continue this passion even further, and join teams and clubs outside of the college.

Staff sport also provide opportunities for both staff and students to come together to compete in non-contact sports, where staff can act as role models to the students and build further relationships.

We will continue to provide opportunities for students to inform us of what physical activity, exercise or sports they compete in each term, and continue to promote a love for learning through both our curriculum and co-curricular provision.