



# **Primary PE Co-Curricular**

**Spring 1 - January 2025**



Dear Parents/Carers

Please see below our sporting co-curricular timetable for the first half-term of the new academic year, which will take us up to February Half-term. Sign-ups for internal clubs run by our PE staff will take place on a half-termly basis to allow as many pupils as possible to attend the clubs that they would like.

As well as the range of internal clubs run by our own PE Department, we are delighted to offer pupils an array of exciting external clubs, these sign ups will take place on a termly basis. As ever the clubs can only run if we meet our minimum attendance numbers for them to be viable.

For our internal PE clubs, please sign up via the following link - [Primary PE Spring Term 1 2025](#)

For our external PE clubs, please see further down all the information of what to expect and how to sign up.

**The deadline to sign up to internal clubs will be Thursday 12th December at 12pm - Places will be confirmed by Wednesday 18th December! The clubs will be starting on w/c Monday 13th January 2025.**

Team PE



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Day	Time	Year	Activity	Location	Min/Max	Staff
Mon	8-8.35 AM	Rec / Y1	Multisports	Sportshall	20	Miss Dawson
	3.20-4.20 PM	Y1-Y3	Football	Primary Playground	10/16	Coach *paid
Tue	7.45-8.35 AM	2-6	Fencing	Canteen	10/16	Coach *paid
	8-8.35 AM	2-4	Tag Rugby	Primary Playground	20	Miss Dawson
	3.20-4.20 PM	3-6	Richmond Knights Basketball	Primary Playground	10/20	Coach *paid
	3.20-4.20 PM	3-6	Martial Arts	Elizabeth Hall	6/16	Coach *paid
Wed	7.40-8.30 AM	3-6	Football	Primary Playground	20	Mr. Mesouroni *paid
	8.00-8.35 AM	Rec-4	Girls Football	Sportshall	30	Mrs. Morgan
	3.20pm-4.20 PM	Rec-Y3	Gymnastics	Elizabeth	10/16	Coach *paid
	3.20 - 4.20 PM	2-6	Hockey	Primary Playground	30	Coah *Free
Thur	8.00-8.35 AM	5/6	Boys & Girls Football (Squad)	Primary Playground	20	Miss Dawson
	3.20-4 PM	5/6	Netball (Squad)	Primary Playground	20	Miss Dawson
Fri	8.00-8.35 AM	5/6	Basketball	Sportshall	20	Miss Dawson
	3.20-4.20 PM	3-6	Rugby Ruggers	Primary Playground	30	Coach *paid

***\*If you wish to represent the college in any fixtures, you must attend the appropriate squad training session\****



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## **Football - Mondays 3:20pm-4:20pm (13th Jan - 31st March - £90 - Ten Sessions)**

Skills, drills and small sided matches - Each session will involve individual football skills, football-based games and small sided matches all in a safe, fun and progressive environment for all to show off their footballing talent. No experience required, sign up on the following link -

<https://jasportscoaching.classforkids.io/term/334>

## **Fencing - Tuesdays 7:45am-8:30am (14th Jan - 1st Apr - £138 - Eleven Sessions)**

In the fencing sessions you will be taught the fundamentals of fencing with all students learning fencing rules, movement, basic attacks and defence. While also expanding their tactical skills, asking you to identify opportunities during the fights, all while duelling your friends. Inspion

Sports and its team of British, European and Commonwealth champions have created a syllabus that not only passes down our fencing knowledge to you but also aims to develop many transferable skills that can be used throughout life. Please book your place by clicking on the following link - [https://docs.google.com/forms/d/e/1FAIpQLSdVU2WHDBvv3mLeiuBb\\_55Q5g-8MK6i2OugYu7IA3Jfh1EnCA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdVU2WHDBvv3mLeiuBb_55Q5g-8MK6i2OugYu7IA3Jfh1EnCA/viewform)

## **Richmond Knights Basketball Y3-6 - Tuesdays 3:20pm-4:20pm (14th Jan - 1st Apr - £93.50 - Eleven Sessions)**

To sign up for one of our regular Richmond Knights clubs please press on the link - <https://knights-basketball.classforkids.io/term/429>

## **Martial Arts - Tuesdays 3:20pm-4:20pm (14th Jan - 1st Apr - £132 via Scopay - Eleven Sessions)**

Welcome to our martial arts class tailored for children, where we embrace the principle of Kaizen - continuous improvement. In our nurturing environment, young learners not only acquire fundamental self-defense skills but also develop invaluable life skills. Through the disciplined practice of martial arts, students cultivate resilience, focus, and respect for themselves and others. Our classes blend traditional techniques with modern teaching methods covering techniques from karate, judo, Japanese jiu-jitsu, Brazilian Jujitsu, kobudo, MMA and a number of other martial arts. Classes are specifically designed for children with a focus on developing them both physically and mentally - please booking via

this link - <https://buy.stripe.com/dR6cPnfH3blZ7jW7uo>



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### **Gymnastics - Wednesdays 3:20pm-4:20pm (15th Jan - 2nd Apr - £99 - Eleven Sessions)**

Gymnastics is a club for girls and boys. This club will focus on improving the quality of the participant's gymnastic movements. They will develop their rolling, jumping and balancing, using them individually and in combination. Please signup using the following link -

<https://jasportscoaching.classforkids.io/term/334>

### **Hockey - Wednesday 3:20pm - 4:20pm (15th Jan - 2nd Apr - Free - Eleven Sessions)**

Hockey is a fun, energetic space for young players to learn and enjoy the game. Children will develop key skills such as dribbling, passing, and shooting through engaging drills and games. Coaches focus on teamwork, basic strategies, and building confidence on the field. Sessions include mini-matches to practice what they've learned, promoting fair play and enthusiasm.