























Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Mixed bean bolognaise with pasta (may contain soya)  	Margherita pizza & oven baked wedges 	Vegetable sausages with roast potatoes & gravy 	Cauliflower & chickpea curry with carrot rice   	Margherita pizza, chips & tomato ketchup 
OPTION 2	Beef & lentil bolognaise with pasta (may contain soya) 	Roasted vegetable pizza & oven baked wedges 	Roast gammon with roast potatoes & gravy	Mild chicken tikka masala & chickpea curry with carrot rice  	Fish & chips with tomato ketchup
Veggies	Carrots & peas 	Broccoli 	Carrot & cabbage 	Tomato & cucumber salad 	Baked beans 
Sweet Treats	Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Apple crumble 	Raspberry Jelly 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



KEY Vegan  Nutritionist's Choice 
 50-50 White & Wholegrain Rice 

Monday

Tuesday

Wednesday


Thursday

Friday

Main Meal

OPTION 1

OPTION 2




















Veggies



Sweet Treats



Vegetable sausages & mashed potatoes with gravy 	Lentil & cauliflower dahl with steamed rice 	Vegetable sausages with roast potatoes & gravy 	Mac 'n' cheese (may contain soya) 	Margherita pizza, chips & tomato ketchup 
Pork sausages & mashed potatoes with gravy	Cajun chicken, tomato & sweetcorn pasta (may contain soya)	Roast turkey breast, roast potatoes & gravy	Sweet & sour chicken with carrot rice  	Fish & chips with tomato ketchup
Carrots & peas 	Broccoli 	Broccoli, cauliflower & peas 	Selection from the salad bar 	Peas 
Chocolate shortbread 	Raspberry jelly & mandarins 	Lemon shortbread biscuit 	Carrot cake with orange glaze 	Raspberry Jelly 

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



KEY Vegan  Nutritionist's Choice 
 50-50 White & Wholegrain Rice 

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Main Meal

OPTION 1

OPTION 2

Cheesy cauliflower pasta bake (may contain soya)	Margherita pizza & oven baked wedges	Vegetable sausages with roast potatoes & gravy	Mixed bean & vegetable nachos with vegetable rice	Chickpea & vegetable fritter, chips & tomato ketchup
Beef nacho mac smash pasta (may contain soya)	Tomato, spinach & salmon pasta (may contain soya)	Roast chicken breast with roast potatoes & gravy	Zesty tomato, lentil & herb chicken with vegetable rice	Fish & chips with tomato ketchup
Sweetcorn	Peas & carrots	Cabbage, peas & carrot	Carrot, cucumber & tomato salad	Baked beans
Chocolate shortbread	Apple & Summer berry crumble	Orange jelly & mandarins	Watermelon Wedge	Lemon shortbread biscuit

Veggies

Sweet Treats

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



KEY Vegan Nutritionist's Choice 50-50 White & Wholegrain Rice